

Speaker profile – Dawn Cady

Having struggled with debilitating adversity for over 30 years – battling disease and disability, navigating through every obstacle one can face, Dawn Cady, a former chronic pain sufferer who healed herself and learned to walk again, has wisdom born not only of education but of experience. Beyond her significant formal training in Psychotherapy, Coaching, Neuro-Linguistic Programming, to name a few, she has dedicated the past 15 years to earnestly researching "a better way."

The result? Bringing together the world's best healing and mindset techniques, *The Neural Alignment Method*™ is Dawn's remarkable brainchild.

With unique expertise and passion, she has helped countless others to achieve real, tangible success, and a renewed enjoyment and satisfaction in all areas of life. From small business owners to Australia's largest corporations, from debilitating physical pain to mindsets that guarantee results in business, home and in life, Dawn has worked wonders across the board, regardless of age, location or situation.

Keynotes
Workshops and seminars
Executive coaching and consultations
Corporate retreats

Audience suitabiity

Dawn's typical audiences include entrepreneurs, business owners or executives who are into Personal Development products. They have suffered chronic pain such as headaches, migraines, back pain, neck pain, fibromyalgia, any long term pain where alternatives have been tried to no avail.

80% are female aged 35-55 60% are aged 24-35 16% are aged 36-44 24% are 45+

Build your Emotional Superpower

The way we react in unexpected situations decides everything that will follow next: how our relationships will go, how businesses will run, how the healthcare system will respond, and so on.

In this powerful workshop participants will learn how to become undefeatable in challenging times: instruct your mind and body how you want to feel, learn to calm down your body instantly, balance your energy system, treat any emotional trauma/pain.

Stress - The Boss That Nearly Killed Me

Stress is the cause of almost all chronic health issues and most of our stress is caused by our environment.

In this presentation, participants will learn how they can improve the three leading causes of stress in their life.

Keynote topics

Stress - The Modern Epidemic

This presentation about the mind body connection and how the cells hear everything and the nervous system is severely impacted by modern day stress. Stress can cause mental health issues, disease and chronic pain.

In this presentation, participants will learn to treat the cause not the symptom.

What clients and audience participants are saying about Dawn Cady

An unforgettable keynote speaker for any audience!

An accomplished healer and coach in the Blue Mountains and Sydney, Dawn is a highly sought after, world-class speaker whose expert storytelling ability brings personal experience to life.

Dawn is able to communicate her extensive knowledge of related topics in a way that enables participants to understand their bodies and how to help heal them. Going even further, she inspires people to want to be better, healthier versions of their current selves.

I had no idea what to expect in my session, I'm pretty new to this. But Dawn made me feel comfortable from the moment we started talking.

She calmly walked me through some things I didn't even know were holding me back and affecting my behaviour. From this, I had a big epiphany and realised a deep-seated behaviour was holding me back and not serving me or my loved one's.

~ Ali Edgar ~



Dr. Phil has attracted a wide TV audience with his down-to-earth approach to mental health... here being interviewed by Dawn Cady — they find themselves in agreement about key points relating to pain.

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Celebrity Endorsements





Multi-award winner









Speaker engagements

Keynote (up to 45 minutes)
Half Day Workshop (up to 3 hrs)
Full Day Workshop (up to 6 hrs)
Panel Participant (same day as presentation)
Panel Moderator (same day as presentation)

Fees available on request

Selection of high resolution photographs available for the promotion of your event





My session with Dawn was nothing short of amazing! I went into the session uncertain as to how much I would get out of it. I was looking for clarity. She also allowed me to see my limiting beliefs (which I had no idea that I had!).

~ Michelle Jones ~

I never dreamed I would be almost completely pain free six months on. ~ Vanessa Stacey ~

Wow, working with Dawn has really sped up the healing process.

~ Stacey Clews ~









